Finite element simulations of acetylcholine diffusion in neuromuscular junctions

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Abstract

A robust infrastructure for solving time-dependent diffusion using the finite element package FEtk has been developed to simulate synaptic transmission in a neuromuscular junction with realistic postsynaptic folds. Simplified rectilinear synapse models serve as benchmarks in initial numerical studies of how variations in geometry and kinetics relate to endplate currents associated with fast-twitch, slow-twitch, and dystrophic muscles. The flexibility and scalability of FEtk affords increasingly realistic and complex models that can be formed in concert with expanding experimental understanding from electron microscopy. Ultimately, such models may provide useful insight on the functional implications of controlled changes in processes, suggesting therapies for neuromuscular diseases.

Introduction

The neuromuscular junction (NMJ) is the point of communication between neurons and muscle fiber in the orchestration of muscle contraction. This study encompasses the release of neurotransmitter acetylcholine (ACh), its hydrolysis with acetylcholinesterase (AChE) clusters, and its reactive presence near acetylcholine receptor (AChR) molecules. Past computational modeling of synaptic transmission on this scale has involved either differential equations governing continuum reactiondiffusion (Smart and McCammon, 1998; Ghaffari-Farazi et al., 1999) or particle methods such as Brownian dynamics and Monte Carlo (Stiles and Bartol, 2000; Stiles et al., 2001). Here, we present an improved finite element framework to solve continuum reaction-diffusion using FEtk (Holst, 2001), an efficient platform for adaptive multiscale modeling. The importance of this framework is its flexibility to evolve alongside improved understandings of reaction kinetics. Now, with the capacity to represent realistic NMJs, comparative studies can be conducted with the guidance of coordinated experimental data. This should provide insight on the functional implications of NMJ variations associated with neuromuscular diseases, such as muscular dystrophy and myasthenia gravis, ultimately suggesting potential therapeutic intervention.

The neuromuscular junction

A typical NMJ features a smooth presynaptic neuron membrane and a folded postsynaptic muscle surface of crests and troughs. When an action potential reaches the end of the nerve, it results in a localized influx of calcium ions that, in turn, causes vesicles to fuse to the neuron membrane and release ACh. In our model, vesicles are treated as having just opened and we do not yet account for subsequent relaxation of the neuron membrane. Eventually, this effect may be incorporated into FEtk, along with spatial control of vesicle placement according to the varying presence of calcium ions.

ACh diffuses across the synaptic cleft and potentially binds to acetylcholine receptors, ion channels embedded in the postsynaptic folds. AChR ion channels are multi-protein membrane-spanning complexes found at packing densities of up to 10 000 μ m⁻² at the crests of the postsynaptic folds. In the absence of ACh, an AChR channel is impermeable to ion flow. However, once two ACh molecules bind to it, AChR opens and ions flow through the muscle cell membrane: sodium inward, potassium outward. This ion flow defines an endplate current (EPC) across the muscle membrane that, when strong enough, induces contraction. Roughly 1 ms after activation, ACh molecules are released back into solution and AChR ion channels close.

ACh molecules remain in the cleft until they are hydrolyzed by AChE, the biomolecular "offswitch" for synaptic transmission. AChE is present as clusters of three tetramers suspended by collagen stalks bound to the muscle membrane at varying density ($600 \ \mu m^{-2}$ to $2500 \ \mu m^{-2}$) throughout the postsynaptic folds. As an extremely fast enzyme capable of destroying ACh molecules at rates approaching theoretical limits, AChE provides a very efficient mechanism to terminate synaptic transmission for subsequent signaling (Taylor, 1996; Shen et al., 2002).

Experimental data are available on the ultrastructure and activity of NMJs of different muscle types to guide the initial development of mathematical models (Land et al., 1981; Land et al., 1984; Kandel and Siegelbaum, 1991; Anglister et al., 1995; Miyazawa et al., 1999; Brejc et al., 2001). Ultrastructural differences between the NMJs in vertebrate fast (twitch or extensor digitorum longus) and slow (tonic or soleus) muscles have been observed (Ellisman et al., 1976; Gisiger and Stephens, 1982; Florendo et al., 1983; Fahim et al., 1984). Also, geometric and reactive deviations in mouse NMJs due to muscular dystrophy have been documented (Shalton and Wareham, 1980; Ellisman, 1981; Tremblay et al., 1988; Gisiger and Stephens, 1988). Local measurements of miniature endplate current (mEPC) are used to infer the functional implications of such structural differences on an NMJ's efficiency. With our simulation infrastructure, we have begun to recreate the effects of the various parameters of different muscle types *in silica*. It is evident that experimental data directly coordinated with simulations are needed to bring increasingly realistic models to maturity.

Mathematical setting

Continuum formulation

In a continuum model, the concentration of ACh, $u(\mathbf{x},t)$, is assumed to satisfy the time-dependent diffusion equation in the synaptic cleft, Ω , with appropriate conditions on its boundary, $\partial \Omega$. Formally, the concentration varies from its initial state, $u(\mathbf{x}, 0)$, according to

$$\frac{\mathrm{d}u(\mathbf{x},t)}{\mathrm{d}t} - \nabla \cdot D\nabla u(\mathbf{x},t) = 0 \quad \text{in }\Omega, \tag{1}$$

$$\hat{\mathbf{n}}(\mathbf{x}) \cdot D\nabla u(\mathbf{x},t) = \begin{cases} -k'_{\text{act}}u(\mathbf{x},t) & \text{on } \partial\Omega_{\text{act}} \\ 0 & \text{on } \partial\Omega - \partial\Omega_{\text{act}} \end{cases},$$
(2)

where $D = 4.0 \times 10^{-4} \ \mu \text{m}^2 \cdot \mu \text{s}^{-1}$ is the diffusion coefficient, $\hat{\mathbf{n}}(\mathbf{x})$ is the outward unit normal, and $\partial \Omega_{\text{act}} \subset \partial \Omega$ denotes the cumulative reactive surface of AChE with specific reactivity k_{act} (Smart and McCammon, 1998). Note that Eq. 2 states a zero-flux condition on all boundaries except the surfaces representing AChE clusters, $\partial \Omega_{\text{act}}$, for which a linear reaction scheme yielding a Robin boundary condition is now assumed. Estimation of the specific reactivity, k_{act} , is described in each example. Attempts to lift this linear assumption on AChE binding and use more involved boundary conditions will be the focus of future research.

Numerical solution and visualization

Several methods of lines to solve Eqs. 1 and 2 have been built in the context of FEtk (Holst, 2001), a finite element package written in "clean object-oriented" C language. Details on the resulting linear systems at each timestep, using a backward Euler method of lines, may be found in the appendix. At each timestep, the conjugate gradient method is used with termination chosen such that timetruncation error is less than 10^{-10} . Given a surface triangulation of an NMJ boundary with realistic folds, a robust and flexible mesh generation package, NETGEN (Schöberl, 1997), develops a structured volume mesh that has been interfaced with FEtk (Figs. 1 and 8). A structured mesh fine enough to sufficiently describe the constraining surface geometry is used in the examples that follow, and refining this mesh (i.e., halving edge length) has no appreciable effect. Similarly, the timestep has been chosen to adequately resolve a postsynaptic response curve; e.g., the range $10^{-1} \mu s$ to $10^{1} \mu s$ was studied to ensure that the simulation is not overly sensitive to the chosen timestep, 1 μ s. Computing 1 000 timesteps for a system of approximately 33 000 vertices (such as the rectilinear synapse model) takes less than 1 hour on an Intel (Santa Clara, California) Xeon 1.80 GHz personal computer. The classical duo of backward Euler method of lines combined with conjugate gradient is nearly optimal for ordinary diffusion. Moreover, FEtk memory usage scales linearly with the number of vertices. The FEtk output formats are readable using MATLAB (MathWorks, Natick, Massachusetts), GMV (Los Alamos National Laboratory, New Mexico) and OpenDX (International Business Machines, White Plains, New York).

Postsynaptic detection and AChR binding

Eqs. 1 and 2 quantify the presence of ACh in the NMJ, but relating this to experimentally observable mEPC involves estimating not only the density of AChR, but also the stochastic nature of its binding and retention. We now present two approximations for detection, and stress that improved realism will be the subject of future work.

By defining the postsynaptic detection level, L(t), as the weighted surface integration

$$L(t) := \int_{\partial \Omega} \gamma_{\mathbf{R}}(\mathbf{x}) u(\mathbf{x}, t) \, \mathrm{d}S, \tag{3}$$

where $\gamma_{\rm R}(\mathbf{x})$ is AChR density, we are able to observe general timescale trends of observed mEPC, such as rise time and signal duration. Towards more accurate estimations of mEPC, we account for ACh-AChR binding in the model to properly estimate the time course of open AChR ion channels. This entails appealing to the equilibrium mechanism 2ACh + AChR_{closed} \Rightarrow (ACh)₂(AChR_{open}), and assuming that AChR is saturated with ACh. For the equilibrium constant, we have $K = \gamma_{\rm R} \theta / [u^2 \gamma_{\rm R} (1 - \theta)]$, where θ is the fraction of open AChR channels. This implies $\theta = Ku^2/(1 + Ku^2)$, leading to a new measure of postsynaptic response

$$\Lambda(t) := \int_{\partial \Omega} \gamma_{\mathsf{R}}(\mathbf{x}) \frac{Ku(\mathbf{x},t)^2}{1 + Ku(\mathbf{x},t)^2} \, \mathrm{d}S. \tag{4}$$

According to Naka and Sakamoto (2002) $K = 3.6 \times 10^2 \text{ mM}^{-2} = 1.0 \times 10^{-9} \mu \text{m}^6$. Note that $\Lambda(t)$

does not consider the effect of ACh retention when bound to AChR. Such will require altering the zero-flux condition on postsynaptic folds with an integral to record accumulations of ACh bound to the ion channels. For brevity, we do not present plots of $\Lambda(t)$ in all the examples that follow, as they cannot yet be compared with experimental data.

NMJ models

Rectilinear benchmarking

For our first model, we have created a simplified rectilinear NMJ similar to that in Smart and Mc-Cammon (1998). We discuss the details of implementing this model before presenting preliminary studies on the functional implications of variations in geometry and kinetics. Rectilnear models have also been studied with MCell (Stiles and Bartol, 2000; Stiles et al., 2001). All simulations are in micrometers and microseconds, with concentrations in particles per volume and densities in particles per area.

NMJ geometry and initial conditions

In Smart and McCammon (1998) a simplified rectilinear model of an NMJ is considered with 3 identical secondary clefts and the following measurements (Fig. 1): primary cleft length = $2.0 \ \mu m$; primary cleft width = secondary cleft width = $0.05 \ \mu m$; separation between secondary clefts = $0.5 \ \mu m$; secondary cleft depth = $0.8 \ \mu m$.

We include a vesicle as a sphere of radius 0.024 μ m fused to the middle of the presynaptic membrane. Its center is placed 0.016 μ m above this membrane, leaving a circular area of radius 0.018 μ m as the pore opening. The initial ACh concentration is only nonzero inside the vesicles, where it is 300 mM = $1.8 \times 10^8 \ \mu$ m⁻³ (Schwartz, 1991; Zimmermann, 1993; Smart and McCammon, 1998; Südhof and Scheller, 2000). With the vesicle size stated above, this translates to 6.06×10^3 ACh molecules present. We recognize that this is a rather important yet simplistic aspect of our simulation, and sensitivity to the initial distribution of ACh will be included in future studies.

AChE clusters are treated as three-dimensional "holes" in the NMJ mesh with boundary condition Eq. 2. The previous finite element simulation (Smart and McCammon, 1998) uses an AChE cluster density of about 240 μ m⁻². By comparison, in Stiles and Bartol (2000), an active site density of 1800 μ m⁻² in the primary cleft (equivalent to a cluster density of about 150 μ m⁻²) and twice that in the secondary cleft is used. The length of the collagen stalk that connects AChE from the synaptic basal lamina is on the scale of 0.05 μ m, depending on the species (Rotundo et al., 1997). As done previously, we place AChE midway between the presynaptic and postsynaptic membranes in our rectilinear models. We have chosen to use cubic boxes with 0.02 μ m sides spaced 0.1 μ m apart in a square array spanning the primary and secondary clefts to afford a cluster density of 100 μ m⁻².

Reactivity of AChE

The reactivity of an AChE cluster in our model is relative to the surface area used to represent it. Following Smart and McCammon (1998) we determine k'_{act} by conducting several separate but simple simulations. We represent an AChE cluster as a single cube with 0.02 μ m edges, and place it at the center of a cube with 0.30 μ m edges. The boundary condition for $\partial \Omega_{act}$ in Eq. 2 is used on the surface of the interior cube, the AChE cluster. On the exterior cube boundary $\partial \Omega - \partial \Omega_{act}$, the concentration of ACh is held at a different constant value for each "trial" simulation. The "current" of ACh consumed by AChE is defined to be

$$J := \int_{\partial \Omega_{\text{act}}} \hat{\mathbf{n}} \cdot D \nabla u \, \mathrm{d}S.$$
 (5)

Naturally, *J* must also equal the flux of ACh into the domain due to imposing constant ACh concentration on the outer boundary. Assuming a nonsaturated steady state and the catalytic scheme $E + S \rightarrow E + P$, the flux into the domain is estimated in linear proportion to the concentration of ACh maintained on the boundary (Rice, 1985; Smart and McCammon, 1998). Writing this proportionality constant as *k*, we set

$$ku|_{\partial\Omega-\partial\Omega_{\rm act}} = k'_{\rm act} \int_{\partial\Omega_{\rm act}} u \,\mathrm{d}S \tag{6}$$

and consider simulations with different sustained steady state levels of ACh on the outer boundary. Since $k = k_{cat}/K_M \approx 3 \times 10^9 \text{ M}^{-1} \cdot \text{min}^{-1} = 5 \times 10^{-6} \,\mu\text{m}^3 \cdot \mu\text{s}^{-1}$ has been determined by experiment (Radić et al., 1995), enforcing Eq. 6 for each steady-state leads to an estimation of k'_{act} . FEtk with backward Euler timestepper is used to compute steady state ACh diffusion between the concentric cubes, with validation from an explicit steady-state solver. Sampling the range $1.00 \times 10^5 \,\mu\text{m}^{-3}$ to $1.00 \times 10^7 \,\mu\text{m}^{-3}$ (that is, 0.166 mM to 16.6 mM) as the imposed ACh concentration on the outer boundary, we find $k'_{act} = 2.0 \times 10^{-3} \,\mu\text{m} \cdot \mu\text{s}^{-1}$. This is slightly larger than the value used previously (Smart and McCammon, 1998), due to the fact that we are using here a different area for the active site of AChE. With the enzymatic activity of AChE approximated, Eqs. 1 and 2 can now be solved for the rectilinear NMJ.

Solution and postsynaptic detection

The time course of ACh diffusion in the rectilinear NMJ model has been solved using the backward Euler and FEtk (as outlined in the appendix) with timesteps of 1 μ s. Fig. 2 shows the total number of ACh molecules over 400 μ s; the same decay has been shown in the solid curve in Fig. 3 of Smart and McCammon, 1998.

Determining the postsynaptic detection level in Eq. 3 entails defining AChR density. MCell models typically use a graduated receptor density function γ_R (Stiles and Bartol, 2000; Stiles et al., 2001). From the crest to 0.2 μ m to 0.3 μ m into the fold, γ_R ranges from 7 000 μ m⁻² to 10 000 μ m⁻². It is 2 000 μ m⁻² to 3 000 μ m⁻² another 0.2 μ m to 0.3 μ m from the crests, below which density falls off dramatically. Here we use a piecewise constant density of $\gamma_R(\mathbf{x}) = 8500 \ \mu$ m⁻² from the crests down

0.25 μ m into the secondary clefts, $\gamma_{\rm R}(\mathbf{x}) = 2500 \ \mu {\rm m}^{-2}$ an additional 0.25 μ m into the secondary clefts, and then zero down to the troughs. The resulting postsynaptic detection level L(t) is shown in Fig. 3. The "rise time" (duration from the release of the vesicle to the peak) is about 20 μ s, much shorter than that of mEPC. However, since we do not yet consider ACh binding of AChR, this is reasonable. Moreover, it is comparable to the previous observation (Smart and McCammon, 1998).

Variations in muscle type

Fast-twitch and slow-twitch NMJs

Simple rectilinear NMJ models for fast-twitch and slow-twitch muscle have been built according to the primitive dimensions listed in Table 1. Each model contains one vesicle, three identical secondary clefts, and the AChR distribution stated above. Also, as before, AChE clusters are 0.02 μ m edged cubes raised 0.025 μ m above the postsynaptic membrane with density 100 μ m⁻².

In Fig. 4, the rise time of L(t) for the fast-twitch NMJ model is 45 μ s, and a peak value of $4.25 \times 10^8 \ \mu\text{m}^3$ is obtained. In contrast, the slow-twitch geometry leads to a more gradual response, reaching the peak value $3.12 \times 10^8 \ \mu\text{m}^3$ in 43 μ s. The "decay time" (duration from vesicle release until the decay reaches half of the peak L(t)) for the fast-twitch muscle is 213 μ s, significantly shorter than that displayed in the slow-twitch geometry, 270 μ s.

In Fig. 5, $\Lambda(t)$ is shown for the slow- and fast-twitch NMJ models. The peak-amplitudes are delayed and decay is accelerated in comparison to L(t). As expected, the more rapid decay of fast-twitch muscle signal is preserved. There are miniature endplate potential (mEPP as opposed to mEPC) data on fast- and slow-twitch muscle in mouse (Florendo et al., 1983). Signal decay according to this data is longer, possibly due to oversimplification in the rectilinear model.

Dystrophic NMJs

Some dystrophic muscle displays improperly developed NMJs in terms of ultrastructure (Hosaka et al., 2002), but again specific data are limited. For the rectilinear dystrophic NMJ model described in Table 1, the rise time, decay time, and amplitude of L(t) are all slightly lower than normal (Fig. 6). Of course, this simply states the obvious: such muscle does not function as efficiently! It is likely that NMJ malformation is less a cause than an effect in the pathology of dystrophy.

Reduced AChE density

As could be said for the distribution of AChR, aberrations in the presence of AChE can have functional implications. For the slow-twitch muscle NMJ, lowering AChE density to $50 \,\mu m^{-2}$ leads to a slightly longer rise time, 46 μ s, with a lower peak level of 2.81 μm^3 (Fig. 7). The decay time is about twice as long, at 505 μ s. Specific experimental information on variations in AChE density among different muscle types is limited. As such, this example merely serves to illustrate that an abnormal density can have an appreciable effect on the efficiency of synaptic transmission across an NMJ.

Realistic NMJ model

Finally, we demonstrate the capacity of FEtk to model ACh transmission within a realistic NMJ geometry drawn from electron microscopy. Given this realism, our infrastructure is poised to accompany experiments.

Mesh geometry and initial condition

We are grateful to have received a realistic 3-dimensional surface-mesh model of an NMJ from Stiles and coworkers, formed from morphing a 2-dimensional electron micrograph (Stiles and Bartol, 2000; Stiles et al., 2001). The resulting NETGEN volume mesh (Fig. 8) includes the vesicle, while realizing AChE clusters requires the special attention described below. In total, there are 175 609 vertices and 771 408 simplices in the volume mesh. Edges range from $2.45 \times 10^{-3} \ \mu m$ to $1.05 \times 10^{-1} \ \mu m$ in length, simplex volume ranges from $1.87 \times 10^{-7} \ \mu m^3$ to $2.70 \times 10^{-4} \ \mu m^3$, and the worst (largest) edge ratio in any simplex is 14.4.

The vesicle is a triangulated sphere of radius 0.024 μ m placed roughly in the center of the presynaptic membrane. The pore opening is a single triangle, with area 0.000 54 μ m², at the locus of vesicle attachment. Initially, the ACh concentration is zero everywhere but inside the vesicle, where it is 300 mM = $1.8 \times 10^8 \ \mu$ m⁻³. This translates to approximately 6.9×10^3 ACh molecules present at the beginning of simulation.

AChE clusters and reactivity

Placing AChE holes into the tetrahedral mesh is a nontrivial process that needs streamlining before "high-throughput" studies can be conducted. Currently, using the APBS (Baker et al., 2001) and FEtk infrastructure, we repeatedly refine, down to a surface area threshold of 0.002 4 μ m², the simplices that contain the positions of AChE monomers specified by Stiles and coworkers. The tetrahedral simplices containing the AChE positions are "removed" by marking adjacent faces of neighboring simplices as boundary. The resultant mesh has 55 589 tetrahedral AChE clusters, distributed as shown in Fig. 9. The average surface area is 0.001 7 μ m², representative of 59 072 AChE molecules. This average cluster surface area must be accounted for when estimating the specific reactivity k'_{act} . Since Eq. 6 scales linearly with surface area of the cluster, the k'_{act} estimated in the previous section can be adjusted according to the smaller average surface area in the realistic model (by a factor of about 1.4). This simplification leads to $k'_{act} = 2.753 \times 10^{-3} \,\mu$ m $\cdot\mu$ s⁻¹.

AChR density and postsynaptic detection level

We use approximately the same AChR density criterion as the above rectilinear models. Fig. 10 shows the postsynaptic detection level L(t) for the more realistic NMJ model. The rise time is 10 μ s, about half as long as that in the previous rectilinear NMJ model, but comparison at this stage is somewhat unfounded.

Discussion and conclusions

We have shown that simple rectilinear models are capable of capturing electrophysiological trends observed in NMJs from different muscle types. Difference in decay time between slow- and fast-twitch muscles is observed and dystrophic muscle exhibits a muted postsynaptic response. Our effort to make physiologically relevant connections is an advancement from previous continuum models (Smart and McCammon, 1998). As our primary contribution, we have created a finite element infras-tructure capable of dealing with a realistic mesh based on electron microscopy data. This motivates future partnerships with coordinated experimental investigations on the relationship between muscle function and NMJ architecture.

This research will continue to evolve on two fronts. First, with improved understanding of reaction kinetics, simulations will be more directly related to observable mEPC and mEPP. Second, increasing availability of ultrastructural data from electron tomography will offer the capacity for extensive comparative studies (Harlow et al., 2001; Gustafsson et al., 2002). Only in this manner can parameter space, including NMJ geometry, vesicle placement, receptor binding, and reactivity, be comprehensively explored to better understand neuromuscular diseases that affect NMJ processes.

The current study illustrates some of the effects that are associated with differences in the geometry of the NMJ, including the lengthening of the lifetime of ACh in the NMJ in the case of decreased number and depth in secondary folds. It sets the stage for more elaborate and realistic models that will be explored in the future.

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Appendix: discrete formulation

We use the backward Euler algorithm to define a method of lines and reduce Eqs. 1 and 2 to the following elliptic problem at time t_n , knowing the previous concentration, $u(\mathbf{x}, t_{n-1})$:

$$-\nabla \cdot D\nabla u(\mathbf{x}, t_n) + \frac{u(\mathbf{x}, t_n) - u(\mathbf{x}, t_{n-1})}{t_n - t_{n-1}} = 0 \quad \text{in } \Omega,$$
(7)

$$\hat{\mathbf{n}}(\mathbf{x}) \cdot D\nabla u = \begin{cases} -k'_{\text{act}} u & \text{on } \partial \Omega_{\text{act}} \\ 0 & \text{on } \partial \Omega - \partial \Omega_{\text{act}} \end{cases} .$$
(8)

It is convenient to write $u_n := u(\mathbf{x}, t_n)$ and define

$$b(\mathbf{x}, u_n, u_{n-1}) := \frac{u(\mathbf{x}, t_n) - u(\mathbf{x}, t_{n-1})}{t_n - t_{n-1}}.$$
(9)

Integrating by parts, we obtain the weak form of Eq. 8,

$$\int_{\Omega} D\nabla u_n \cdot \nabla v \, \mathrm{d}\mathbf{x} - \int_{\partial \Omega} v D\nabla u_n \cdot \hat{\mathbf{n}} \, \mathrm{d}S + \int_{\Omega} b(\mathbf{x}, u_n, u_{n-1}) v \, \mathrm{d}\mathbf{x} = 0, \quad \forall v \in V,$$
(10)

where *V* is the test space (Braess, 1997; Holst, 2001). Enforcing boundary condition on $\partial \Omega$, the weak form becomes

$$\int_{\Omega} D\nabla u_n \cdot \nabla v \, \mathrm{d}\mathbf{x} + k'_{\mathrm{act}} \int_{\partial \Omega_{\mathrm{act}}} u_n v \, \mathrm{d}S + \int_{\Omega} b(\mathbf{x}, u_n, u_{n-1}) v \, \mathrm{d}\mathbf{x} = 0, \quad \forall v \in V.$$
(11)

For a discrete solution to Eq. 11, we employ a finite element space $V^h = \text{span}\{\phi_1, \dots, \phi_N\} \subset V$. The Galerkin approximation

$$u_n^h = \sum_{i=1}^N u_i \phi_i \in V^h \tag{12}$$

satisfies the discrete weak form

$$\int_{\Omega} D\nabla u_n^h \cdot \nabla \phi_i \, \mathrm{d}\mathbf{x} + k_{\mathrm{act}}' \int_{\partial \Omega_{\mathrm{act}}} u_n^h \phi_i \, \mathrm{d}S + \int_{\Omega} b(\mathbf{x}, u_n^h, u_{n-1}^h) \phi_i \, \mathrm{d}\mathbf{x} = 0, \quad \forall \phi_i \in \{\phi_1, \dots, \phi_N\},$$
(13)

knowing the discrete solution from the previous timestep, $u_{n-1}^h = \sum_{i=1}^N u_i^\circ \phi_i \in V^h$. To formulate Eq. 13 into a matrix equation, we write the terms

$$\int_{\Omega} D\nabla u_n^h \cdot \nabla \phi_i \, \mathrm{d}\mathbf{x} = \sum_{i=1}^N \left[u_i \int_{\Omega} D\nabla \phi_i \cdot \nabla \phi_j \, \mathrm{d}\mathbf{x} \right], \tag{14}$$

$$k_{\rm act}' \int_{\partial \Omega_{\rm act}} u_n^h \phi_i \, \mathrm{d}S = k_{\rm act}' \sum_{i=1}^N \left[u_i \int_{\partial \Omega_{\rm act}} \phi_i \phi_j \, \mathrm{d}S \right], \tag{15}$$

$$\int_{\Omega} b(\mathbf{x}, u_n^h, u_{n-1}^h) \phi_i \, \mathrm{d}\mathbf{x} = \left(\frac{1}{t_n - t_{n-1}}\right) \sum_{i=1}^N \left[\left(u_i - u_i^\circ\right) \int_{\Omega} \phi_i \phi_j \, \mathrm{d}\mathbf{x} \right].$$
(16)

It follows that

$$\mathbf{A}\mathbf{u} + \frac{1}{\Delta t}\mathbf{M}(\mathbf{u} - \mathbf{u}^{\circ}) + k'_{\text{act}}\mathbf{F}\mathbf{u} = 0, \qquad (17)$$

where the stiffness matrix $\mathbf{A} = [A_{ij}] = \left[\int_{\Omega} D \nabla \phi_i \cdot \nabla \phi_j \, d\mathbf{x} \right]$, the mass matrix $\mathbf{M} = [M_{ij}] = \left[\int_{\Omega} \phi_i \phi_j \, d\mathbf{x} \right]$, $\mathbf{F} = [F_{ij}] = \left[\int_{\partial \Omega_{act}} \phi_i \phi_j \, dS \right]$, and the solution vectors $\mathbf{u} = [u_i]$, $\mathbf{u}^\circ = [u_i^\circ]$.

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FIGURE 1 Three views (edges, outside, inside) of the finite element mesh for the rectilinear model of the neuromuscular junction, with three secondary clefts and a spherical vesicle fused to the presynaptic membrane. The cubes represent acetylcholinesterase. 1°, primary cleft; 2°, secondary cleft.

FIGURE 2 Total number of ACh molecules in the rectilinear NMJ model decreases over time.

FIGURE 3 The postsynaptic detection level L(t) in the rectilinear NMJ model.

FIGURE 4 L(t) for NMJ models of fast-twitch and slow-twitch muscles.

FIGURE 5 $\Lambda(t)$ for NMJ models of fast-twitch and slow-twitch muscles.

FIGURE 6 Normal versus dystrophic fast-twitch muscle.

FIGURE 7 Comparing L(t) for different AChE densities. High density: 100 μ m⁻²; low density: 50 μ m⁻².

FIGURE 8 Three views of the realistic mesh: overview, enlarged box containing the vesicle on the presynaptic membrane, a cross-section of the secondary cleft (shaded). The AChE "holes" are the patches of white within. The height of the clefts from crest to trough is approximately 1 μ m.

FIGURE 9 Surface area distribution of the AChE holes in the realistic mesh.

FIGURE 10 The postsynaptic detection level L(t) over 150 μ s in the realistic NMJ model.

	normal		dystrophic
	fast	slow	fast
primary cleft width / μ m	0.10	0.10	0.10
secondary cleft depth / μ m	1.00	0.75	0.50
secondary cleft separation / μ m	0.25	0.50	0.75
secondary cleft width / μ m	0.10	0.20	0.10

TABLE 1 Geometric dimensions for the rectilinear models of different muscle types (Florendo et al., 1983; Tremblay et al., 1988; Ellisman et al., 1976).







FIGURE 3











FIGURE 7





4000 -



FIGURE 10